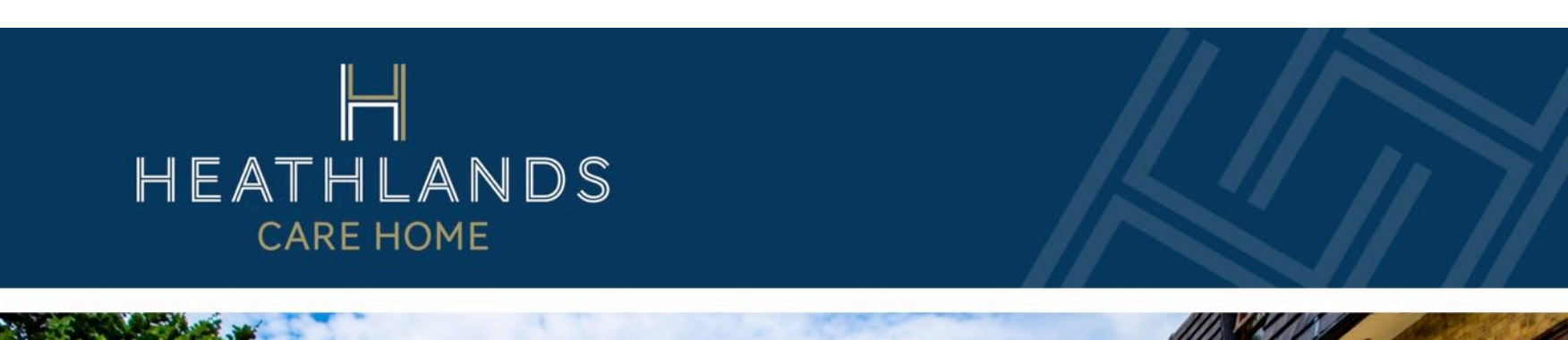




INTRODUCTION

Message From Our Manager

Welcome to our latest newsletter from Heathlands! It has been a lovely few months at the home, with residents enjoying a variety of activities, special visitors and opportunities to spend time together. From Halloween crafts and mocktail tasting to visits from Rosie the therapy dog and our feathered friends from Performing Pets, there has been plenty to keep everyone entertained.

We have also been delighted by the support shown for our recent fundraising activities. It is always wonderful to see residents, families, staff and our local community coming together for such worthwhile causes.

Thank you to everyone who continues to support Heathlands and contribute to making our home such a welcoming place. We hope you enjoy catching up on our latest news and photographs.

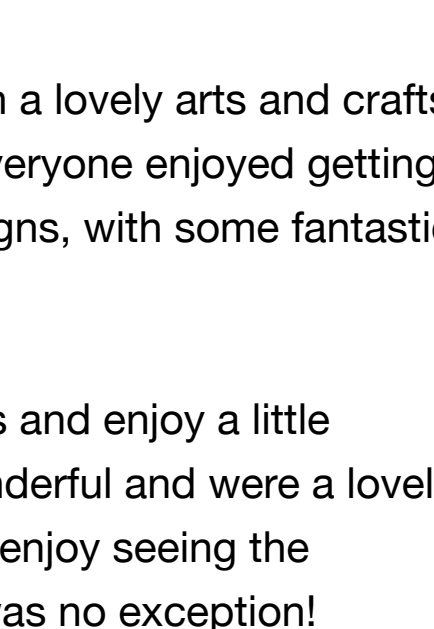
If you know someone who would like to receive our email newsletters/updates, just let us know, or forward them the newsletter sign up link below:

[Sign Up Form](#)

Best wishes,

Gladys

Gladys Danquah
Home Manager



ACTIVITIES & EVENTS

Getting Creative for Halloween

Our residents have been getting into the Halloween spirit with a lovely arts and crafts session, creating their very own pumpkin tea light holders. Everyone enjoyed getting creative and putting their own personal touches on their designs, with some fantastic results!

It was a great opportunity to spend time together, share ideas and enjoy a little seasonal creativity. The finished pumpkin holders looked wonderful and were a lovely way to bring a touch of Halloween into the home. We always enjoy seeing the different ideas our residents come up with, and this activity was no exception!



Macmillan Coffee Morning

We had a lovely morning at Heathlands as residents, families, friends and staff came together for our Macmillan Coffee Morning, enjoying plenty of tea, cakes and conversation while raising money for a good cause.

It was wonderful to see everyone getting involved and showing their support. Events like these are a great opportunity to bring people together while helping to raise awareness and funds for charities that make a real difference to people's lives.

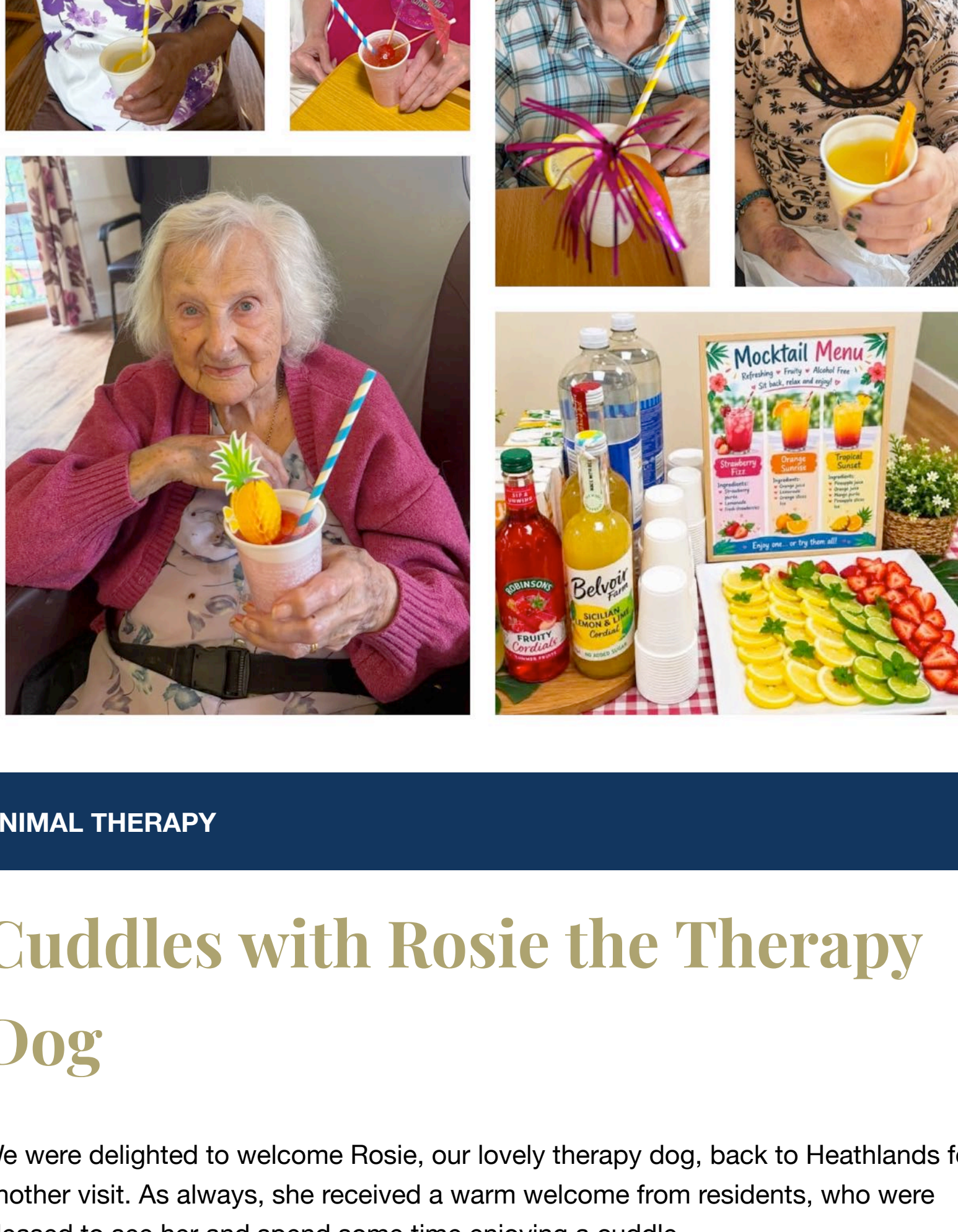
A big thank you to everyone who joined us, contributed to the fundraising and made a donation. Your generosity and support are greatly appreciated. Our fundraising efforts are continuing, so there is still an opportunity to contribute for anyone who would like to get involved. Every donation, no matter how small, is gratefully received.



Mocktail Tasting Afternoon

Our residents enjoyed trying something a little different with a fun afternoon of mocktail tasting at Heathlands. With a variety of flavours to sample, everyone had the opportunity to discover something new and decide which drinks they liked best.

There was plenty of conversation as residents shared their opinions, compared favourites and cast their votes for the most popular mocktail. Some flavours proved more popular than others, but that was all part of the fun!



ANIMAL THERAPY

Cuddles with Rosie the Therapy Dog

We were delighted to welcome Rosie, our lovely therapy dog, back to Heathlands for another visit. As always, she received a warm welcome from residents, who were pleased to see her and spend some time enjoying a cuddle.

Rosie made her way around the home, bringing plenty of wagging tails, gentle affection and smiles along the way. For many of our residents, spending time with animals brings back fond memories of their own pets and provides a lovely opportunity to reminisce and share stories.



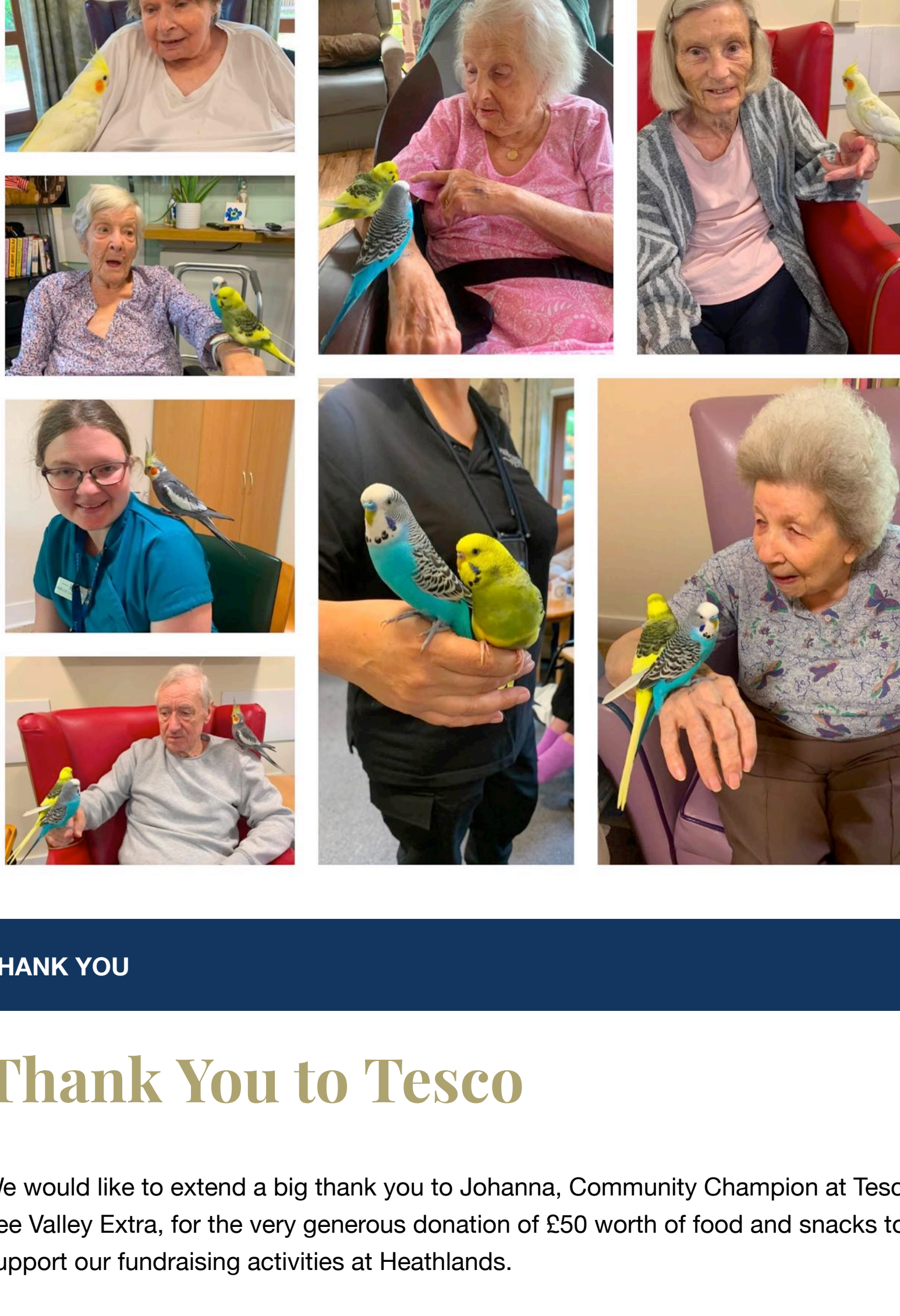
Feathered Friends from Performing Pets

We had a wonderful visit from Performing Pets, who brought along some beautiful budgies for our residents to meet.

The colourful little birds attracted plenty of attention, and residents thoroughly enjoyed the opportunity to get up close to them and watch their different personalities. There was lots of interest and conversation throughout the visit, with everyone taking the opportunity to learn a little more about our feathered guests.

Visits like these are a lovely way to bring something different into the home, encouraging interaction, curiosity and conversation. It was particularly nice to see the enjoyment the budgies brought to residents as they spent time watching and getting to know them.

A big thank you to Performing Pets for taking the time to visit Heathlands and providing such an enjoyable experience. We look forward to seeing you and your animal friends again!



THANK YOU

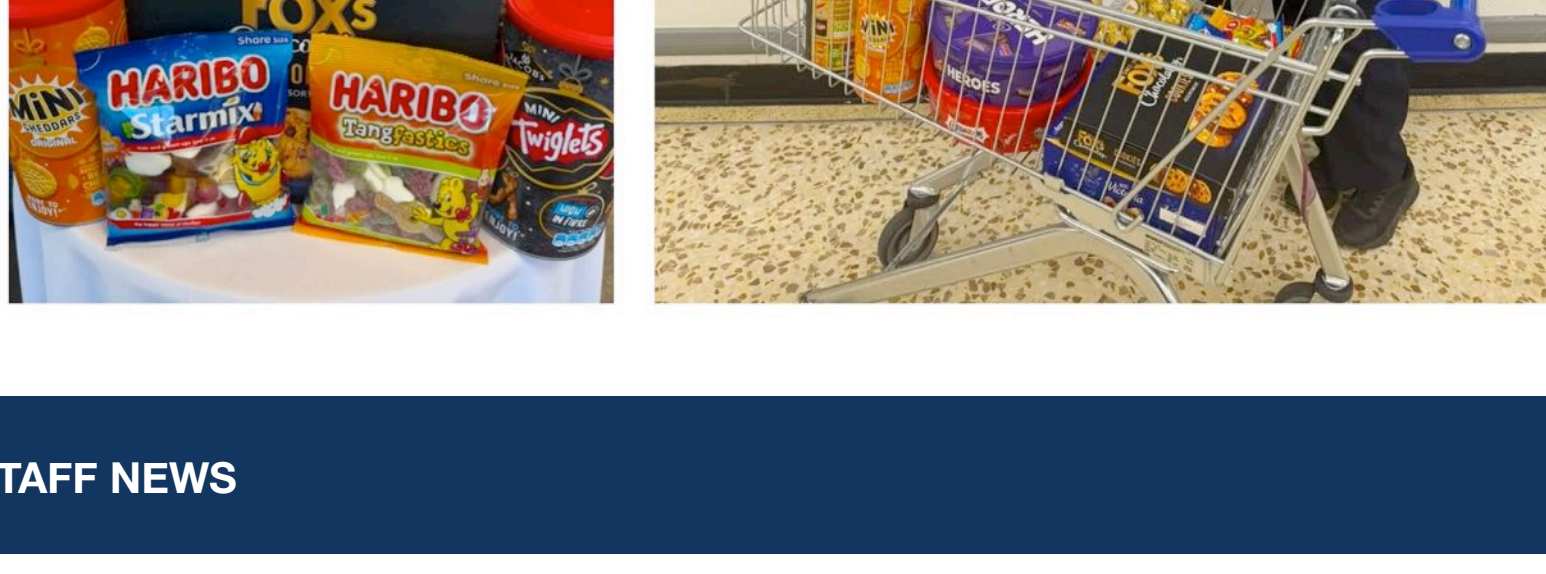
Thank You to Tesco

We would like to extend a big thank you to Johanna, Community Champion at Tesco Lee Valley Extra, for the very generous donation of £50 worth of food and snacks to support our fundraising activities at Heathlands.

This year, we are proudly raising funds for the Care Workers Charity, an organisation that provides support to care workers who are experiencing financial difficulties or facing challenging circumstances.

The donation from Tesco will be a great help towards our fundraising efforts, and we are very grateful to Johanna and the team for their kindness and support. It is always encouraging to see local businesses getting involved and helping us make a positive contribution to a worthwhile cause.

We would also like to thank everyone who has supported our fundraising so far. If you would like to make a contribution, donations can be made through our JustGiving page. Every little bit helps, and your generosity will go towards supporting care workers when they need it most.



STAFF NEWS

New Staff Members...

We are delighted to welcome several new members to the Heathlands Care Home team over the past months. Their skills, experience, and dedication will help us continue to provide excellent care and support for our residents while enhancing the services we offer throughout the home.

New Head of Housekeeping: Nelu Lupascu

We are pleased to welcome Nelu as our new Head of Housekeeping. Maintaining a clean, safe, and comfortable environment is essential to residents' wellbeing, and we are excited to have their leadership and expertise supporting our housekeeping team.

Their commitment to high standards will help ensure Heathlands continues to feel welcoming and homely for residents, families, and visitors alike.

Nurse: Antony Skariah

We would like to extend a warm welcome to Antony, who has joined us as a Nurse. Their clinical knowledge, compassion, and person-centred approach will be a valuable asset to both residents and colleagues. We look forward to the positive impact they will have in supporting residents' health, wellbeing, and quality of life.

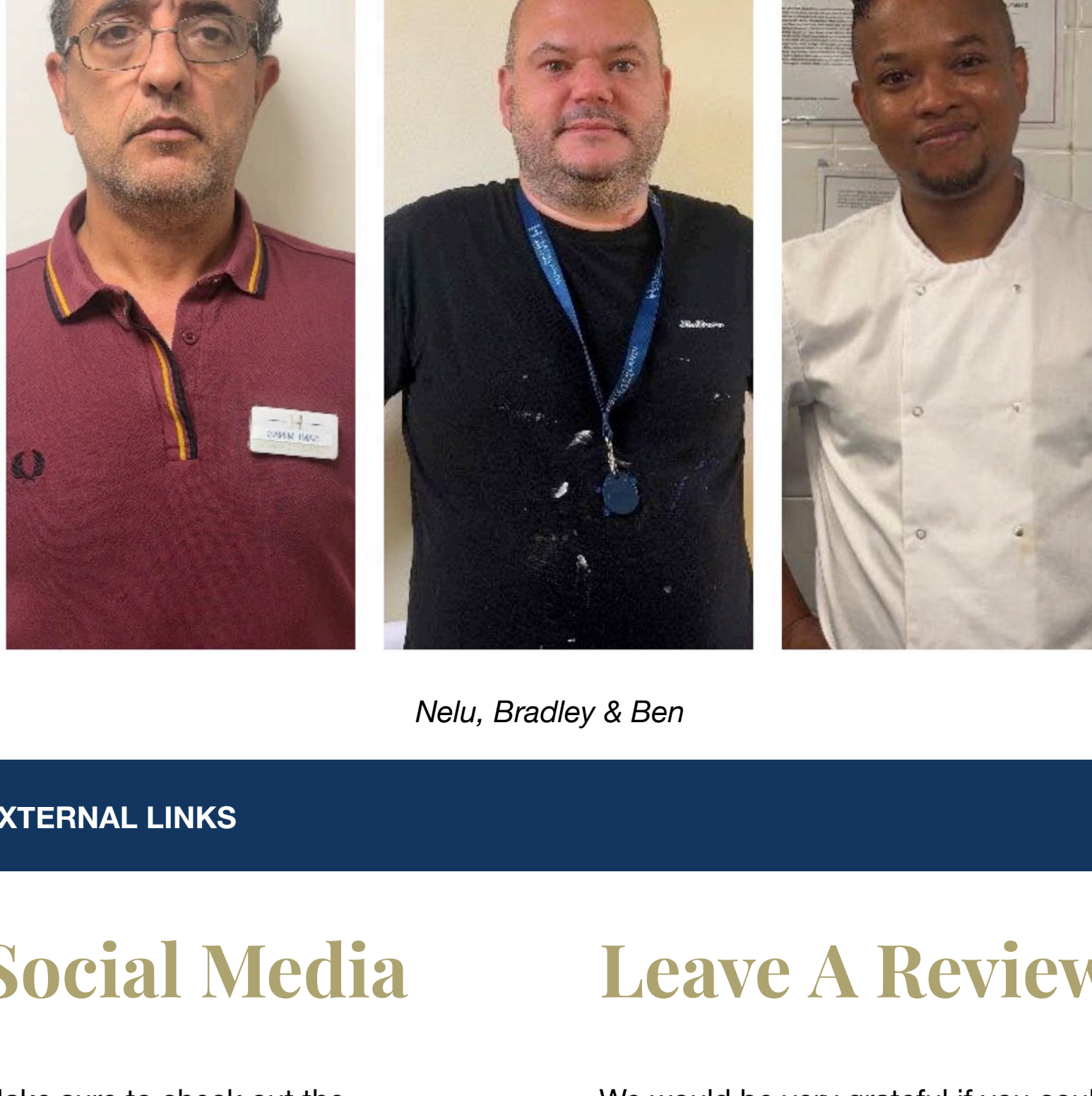
Facilities Technician: Bradley Perrin

We are delighted that Bradley has joined Heathlands as our Facilities Technician. This important role helps ensure that our environment remains safe, comfortable, and well-maintained for everyone in the home. Their expertise will support the smooth running of our facilities and contribute to an excellent living environment for residents.

Head Chef: Jean-Benoit Felicite

We are thrilled to welcome Ben as our new Head Chef. Nutrition and hydration play a vital role in maintaining residents' health and wellbeing, and we are excited about the fresh ideas and expertise they will bring to our catering service. Working closely with residents, relatives, and the wider staff team, Ben will help further enhance our dining experience, promote good nutrition, and support individual dietary needs. They will also be reviewing and improving our hydration stations throughout the home to encourage residents to stay well hydrated and healthy. We look forward to the positive contribution they will make in ensuring mealtimes remain enjoyable, nutritious, and tailored to the people we support.

We warmly welcome all our new colleagues to the Heathlands family and look forward to working together as we continue to provide outstanding care for our residents.



Nelu, Bradley & Ben

EXTERNAL LINKS

Social Media

Make sure to check out the Heathlands Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

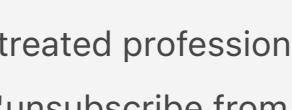
Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)

HEATHLANDS CARE HOME

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