



HEATHLANDS

CARE HOME

NURSING | RESIDENTIAL | RESPITE | DEMENTIA CARE



WELCOME TO HEATHLANDS

Situated in a pleasant residential area of Chingford, Heathlands Care Home is a modern, purpose-built care home offering excellence in Residential, Nursing and Dementia care in a warm and welcoming environment.

Our caring team provide comprehensive, compassionate and dedicated care personalised to the needs of each individual resident, 24 hours a day.

A thoughtfully-planned, varied activities programme ensures residents are supported to live each day to the full, with lots of opportunities to socialise, continue much-loved hobbies, try something new or enjoy an exciting outing locally or further afield.

Mealtimes at Heathlands are designed to be stress-free, with protected mealtimes ensuring that everyone has the chance to savour meals at their own pace without feeling rushed. We are proud to offer a varied, nutritious menu, tailored to individual preferences and dietary needs.

Each of our 84 generously sized bedrooms, spread across three floors, has been designed with comfort and privacy in mind. All rooms include ensuite wet room facilities and come fully equipped with profiling bed, nurse call system, TV and complimentary Wi-Fi. Many boast attractive views or doors opening onto our secure landscaped gardens.

A WARM WELCOME AWAITS

Internally, residents can enjoy a choice of shared lounges for relaxation, while our landscaped gardens and rooftop terrace are much enjoyed during favourable weather.

The benefits of group living, in the knowledge that care and support is always on hand, mean that every day can be enjoyed to the full at Heathlands Care Home.

We look forward to welcoming you



**THE PERFECT
BLEND OF
COMFORT
& CARE**

RESIDENTS AT
HEATHLANDS ENJOY:

- Ensuite Bedrooms
- Varied Activities Programme
- Garden & Terrace Space
- Comfortable Lounges
- Hair Salon & Treatment Room
- Close to Local Amenities



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